WARF

To help improve my reading speed.

Widen your eye span.

- Do not read one word at a time.

- Read groups of words. Try to group words starting with *the* and *a* with nouns. Just look at nouns. Don't look at the words *the* and *a* because they do not add any meaning. Group words' starting with is*, are, was,* and *were* with verbs. Just look at the verbs because they are the words that give meaning.

Avoid skip backs.

- If you do not understand an idea, do not re-read the words immediately. First, keep reading and try to get the meaning by using context clues.

- If you can't get the meaning from the context clues, then go back and re-read to try to understand the material.

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Read silently.

- Try not to read aloud unless you are trying to memorize material or you are trying to focus your attention on the material and not be distracted.

- Reading aloud slows you down. To stop yourself from reading aloud, press your lips together to prevent yourself from mouthing the words.

Flex your reading rate.

- When you read important information that you need to understand or memorize, then read slowly.

- When you read information that you understand and know well, read faster.

- If you are looking for information, then read quickly as you search for that word on the page.